



Do you have...

BUNIONS?

How many times have you been trying to fellowship with other members of the congregation after an inspirational Sunday service, but all you can think about is "I can't wait to sit down...my poor feet are killing me."

In this fast paced world we live in, it seems like we are always running -running to work, running to the grocery store, running to pick up the kids from choir practice. Granted, most of us use some kind of motor vehicle transportation to get from place to place, but our "feet" still do a great deal of the "running." Ah yes, our feet. Those workaholic appendages are so often neglected yet so "sorely" needed. Sure some folks take time to pamper them with an occasional pedicure, but most of us just take them for granted until they are screaming in pain, that is! And then we're all ears.

Did you know that four out of five adults will experience some kind of foot problem in their lifetime? Women and athletes are especially prone due to the abuse of high heels and improper training. Did you also know that bunions are one of the most common foot problems and that 15 percent of Houstonians suffer from painful bunions? That's nearly 1 million pairs of sore feet!

Bunions -- that bony protrusion at the base of the big toe that can be tender to the touch and interferes with some of life's most basic activities like walking and even just standing. How many times have you been trying to fellowship with other members of the congregation after an inspirational Sunday service, but all you can think about is "I can't wait to sit down and remove my shoes, my poor feet are killing me."

Well, since going barefoot is not an option in public places, what can one do to help alleviate the pain? First know that though bunions tend to be hereditary; they can be aggravated by shoes that are too narrow in the forefoot and toe. In addition, bunions tend to get worse with time, and surgery is frequently performed to correct the problem.

Surgery -- now that's a word we don't like to hear. That's why it is so important that when we experience foot pain or discomfort, we take the necessary steps to diagnose the problem by visiting a board certified podiatrist to determine the appropriate treatment options.

Now if surgery is recommended, you may be eligible to participate in a clinical research study involving the removal of your bunion and the use of an investigational medicine to treat acute pain after bunion removal. Clinical research studies are designed to evaluate the safety and efficacy of new investigational drugs not yet approved by the Food and Drug Administration (FDA) for sale. As a study participant, you could receive study related medical care, surgery performed by a board-certified podiatrist, physical exams and lab tests -- all at no cost. Financial compensation could also be provided for your time and effort.

For more information about clinical research studies, you may contact SCIREX Research Centers, Premier Research Group, plc, in Houston at 800-320-1630 or visit their website at www.byebyebunions.com. SCIREX has been involved in the conduct of clinical research studies of investigational pain medication for over 20 years and specifically following bunion removal for the last 8 years. Plus their highly skilled clinical research physicians and staff are compassionate and understand that having surgery and participating in a clinical trial are not easy decisions to make so they are focused on providing study participants with everything they need to feel at ease.

So now that you know there's no need to suffer in silence, why not give those overworked tootsies you rely on so much a little bit of TLC. Wouldn't it be nice to participate in all the events and ministries your heart desires without being distracted by your poor aching feet? Just ask fellow Houstonians Kim McGruder, Higher Dimension Church member, and Vickie Taylor, Lillie Grove Baptist Church member. They participated in a clinical research trial at SCIREX and thanks to the professional medical care they received, their feet are no longer a distraction -- well, except when they tap too loudly to the opening hymn at morning worship.



Premier Research Group is located at 5420 Dashwood, Suite 302, Houston, Texas 77081. For more information visit www.byebyebunions.com or call 800-320-1630.

In October 2008, we changed our name to our parent company, Premier Research Group. We no longer refer to ourselves as the SCIREX Research Centers, however past articles and videos will mention the SCIREX name. We want to assure you that there has been no change in management, and we will continue to provide the same quality patient care and offer the same types of studies on which we have built our reputation in the community. The name change was simply for ease in communicating with our multiple audiences.

